

## Introduction:

Health related quality of life measures are becoming more and more important, and can integrate clinical data in producing a balanced health profile with subjective and objective aspects. They can assess the quality of life from a personal point of view, giving important information for medical doctors, public health workers and policy makers.

## Aim:

To test a software, which helps generating health profiles.

## Material and Methods:

SF36 is a questionnaire constituted by 36 items which investigates 8 scales:

**Physical functioning, Physical role, Bodily pain, General health, Vitality, Social functioning, Emotional role and Mental health.**

We created an electronic version "profisalute 36", of the questionnaire to make easier and quicker its administration through an Excel application which calculates and prints the health profile. All the Eupha 2006 participants will be able to test the software and to get their personal health profile, compared, by gender and age, with the European one.

## Conclusions:

The use of our application may be useful in collecting information in "ad hoc" investigations and/or implementing clinical objective data with a subjective one in the everyday general practitioners activity.

At the end of the Conference it will be possible to obtain the Conference participants' Health Profile. It will be interesting to see how good will be the health profile of the European Public Health operators and evaluate the differences due to age or gender. Fortunately, the questionnaire refers its questions to the last 4 weeks...

Bad results are not to be ascribed to the Conference!



## Results:

Comparison between the paper version of the SF36 and profisalute 36, showed: (i) a faster and more accurate data collection; (ii) an instantaneous graphical production of health profiles.

HOW DO YOU FEEL TODAY?



Great...

